

# CADET'S ROUTINE

Summer (Week-Days)		Winter (Week-Days)	
Timings	Activity	Timings	Activity
0515h	Wake Up Call	0600h	Wake Up Call
0600h - 0640h	Roll Call & PT Parade	0630h - 0710h	Roll Call & PT Parade
0730h - 0800h	Breakfast	0810h - 0840h	Breakfast
0810h - 0830h	Assembly	0845h - 0900h	Assembly
0830h - 1055h	Classes	0900h - 1135h	Classes
1100h - 1130h	Morning Snacks/ Break	1140h - 1210h	Morning Snacks/ Break
1135h - 1330h	Classes	1215h - 1405h	Classes
1340h - 1420h	Lunch	1410h - 1440h	Lunch
1425h - 1600h	Break	1445h - 1550h	Break
1600h - 1730h	Guided Study	1600h - 1700h	Roll Call & Sports
1735h - 1750h	Evening Snacks/ Break	1705h - 1730h	Evening Snacks/ Break
1755h - 1900h	Roll Call & Sports	1735h - 1800h	Freshen up
1905h - 2000h	Freshen up	1805h - 1945h	Guided Study
2005h - 2040h	Roll Call & Dinner	1950h - 2030h	Roll Call & Dinner
2045h - 2150h	Self Study	2045h - 2150h	Self Study
2200h	Lights Off	2200h	Lights Off